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| **Margaret Santiago****Mental Health Counselor** |
| margaret.santiago@gmail.com |
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| **T:** 241-815-8241 |
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| MARGARETSANTIAGO.com |
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| **sUMMARY**Compassionate mental health counselor with over 8 years experience in educational and corporate settings. Proven track record of working with at-risk clients to provide quality services. Highly skilled in Cognitive Behavioral Therapy, especially for adolescents and young adults.. |
| **Skills** Time Management | Conflict Resolution| Communication Skills| Attentiveness | Crisis Management |

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| **Experience**Mental Health COUNSELOR — Bradford Medical Center – Minneapolis, Minnesota 2014 – 2022Organized both clinical interventions and specific treatment plans for patients managing chronic mental health disorders Performed cognitive behavioral therapy to over 20 individual youth patients with the goal of recognizing and redirecting poor habitsConsistently and effectively documented detailed case files for each patientProvided comprehensive counseling to groups and families as necessaryMental Health COUNSELOR — Liams Day Treatment Center – Bronx, New York 2013-2014Led five educational seminars at the local community mental health center about mental health awarenessManaged the onboarding process for summer internsCollaborated with professionals to prescribe correct medications for patients |
| **EDUCATION**Bachelor of Science in Psychology Penn State University, Pennsylvania **2010 – 2013*** Graduated magna cum laude with 3.8 GPA
* Excelled in Psychology and Sociology
* Relevant Coursework: Advanced Psychology, Neuroscience, Psychological Disorders, Lifespan Development, Stress Management
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